

<u>Soup & Salad</u>		
<i>*w/Ginger dressing</i>		
Miso soup		3.00
Clear Soup		3.00
Shumai Soup	<i>Shrimp dumpling soup</i>	4.95
Garden salad*		3.50
Sogo special salad*		7.95
<i>Asparagus, avocado, baby spinach and romaine lettuce</i>		
California salad*		7.95
<i>Crab meat, avocado & romaine lettuce</i>		
Seaweed salad		6.95
Kani salad		6.95
<i>Crabmeat, cucumber, spicy sauce, fish roe</i>		
Avocado Salad*		6.95
<i>Avocado & romaine lettuce</i>		

Appetizer

Hibachi Noodle		6.95
Edamame	<i>w/sea salt</i>	6.95
Gyoza /Vegetable Gyoza		6.95
<i>5 pcs. pan fried pork or vegetable dumpling</i>		
Shumai	<i>6 pcs. shrimp steamed dumpling</i>	6.95
Harumaki	<i>vegetable crispy spring roll</i>	6.95
Rock Shrimp		11.95
<i>Rock shrimp with special sauce (mixed w/peanut butter)</i>		
Aged Tofu		6.95
Chicken Teriyaki		8.95
Yam Yam Noodle		8.95
<i>Stir fry vegetable yam noodle **Gluten free**</i>		
Tempura	<i>Shrimp & vegetable</i>	9.95
Seafood Taco		12.95
<i>Diced tuna, Salmon in wonton taco with chili sauce and scallion</i>		
Tuna Tataki	<i>seared pepper tuna</i>	14.95
Treasure Island		14.95
<i>Avocado boat w/ chopped tuna, spicy sauce, w/tobiko</i>		
Tako Su		12.95
<i>Octopus, and cucumber w/ ponzu sauce</i>		
Yellowtail Jalapeno		14.95
<i>Yellowtail sashimi with special jalapeno sauce</i>		
Salmon Pizza		15.95
<i>Pan fried pancake topped w/ salmon, chef's special salsa, spicy mayo, crunch chip (Tuna Pizza add \$1)</i>		
Crispy Spicy Tuna Dumpling		12.95
<i>Spicy tuna, wrapped in wonton skin</i>		

**Please notify an employee if you have any food allergies **

Special Rolls ****Cooked****

* Sogo Special		13.95
<i>Shrimp tempura, fish roe and avocado topped w/ spicy crab meat and chopped shrimp.</i>		
* Black Pearl		12.95
<i>Shrimp and crabmeat, mixed w/ spicy mayo, wrapped w/ avocado</i>		
* Red Bank Roll		16.95
<i>Soft shell crab tempura inside, topped w/ eel and avocado & tobiko (or Shrimp tempura inside \$13.95)</i>		
* Golden Roll		12.95
<i>Shrimp tempura, cucumber wrapped in avocado w/amazing sauce</i>		
* Dragon Roll		13.95
<i>Eel, cucumber inside topped w/avocado and tobiko</i>		
* Veggie Dragon		8.95
<i>Sweet potato tempura wrapped in avocado, passion sauce</i>		
* Vegetable Futomaki		9.95
<i>Shiitaki, oshingo, kanpyo and yamagobo (pickled burdock)</i>		
* Sakura Roll		13.95
<i>Hot crunch crab topped w/cooked shrimp & avocado</i>		
* Summer Roll		13.95
<i>Shrimp tempura, lemon, cucumber top with mango</i>		
* Shiitaki Roll		11.95
<i>Fried plantain topped with grilled Shiitake mushroom (baked plantain optional)</i>		
* Lava Roll	<i>(Baked)</i>	14.95
<i>Avocado, cucumber and cooked shrimp topped with salmon</i>		
* Lobster Roll		16.95
<i>Spicy cooked shrimp and cucumber topped with Maine lobster meat and avocado</i>		
* Iris Roll		10.95
<i>Mix vegetable top with Purple Yam</i>		
* Emerald Roll		13.95
<i>Cooked shrimp, spicy crabmeat, avocado, mango, lemon wrap in soy paper topped with crunchy crabstick</i>		
* Aburi (flame seared) Roll	<i>*new roll*</i>	14.95
<i>Crab stick tempura, avocado, cucumber topped with seared white fish, eel sauce and scallion.</i>		

Special Rolls ****Raw****

* Orchid		15.95
<i>Spicy crunch tuna, shrimp, crabmeat, inari & tamago wrapped in soy bean paper topped with basil, fluke and tuna **no rice</i>		
* Diamond		13.95
<i>Spicy yellowtail, crunch and avocado topped w/ sliced fluke and caviar</i>		
* Ruby		13.95
<i>Spicy tuna w/ scallion, tempura crunch topped w/ seared pepper tuna</i>		

* Spicy & Spicy		13.95
<i>Spicy tuna, avocado topped w/spicy crabmeat and spicy mayo.</i>		
* Alaska Beauty		13.95
<i>Salmon tempura, and asparagus, topped w/ fresh salmon</i>		
* Candy Cane		13.95
<i>Red and white tuna striped on top of spicy tuna .</i>		
* Fantastic		13.95
<i>Shrimp tempura and avocado, topped w/ spicy tuna</i>		
* Salmon Lover		13.95
<i>Salmon, homemade smoked salmon & avocado w/baked crunch</i>		
* Rainbow		13.95
<i>Crabstick and cucumber inside topped w/ tuna, salmon, yellowtail, avocado</i>		
* Sunshine		13.95
<i>California roll, topped w/ salmon and sliced lemon</i>		
* Naruto		13.95
<i>Tuna, salmon, yellowtail & avocado wrapped in cucumber</i>		
* Hana Roll		12.95
<i>Tuna, yellowtail, salmon, avocado wrapped in soy paper</i>		
* Fire Island		13.95
<i>Spicy crunch crabmeat, cucumber topped w/sliced yellowtail, jalapeno & chili sauce</i>		
* Yuzu Roll		13.95
<i>Yellowtail scallion crunch mix w/yuzu citrus sauce topped w/sliced tuna and salmon</i>		
* Tropical Roll		14.95
<i>Spicy salmon, mango, jalapeno, cilantro topped w/salmon and avocado</i>		
* Yummy Roll		14.95
<i>Tuna, yellowtail, mango topped salmon, crabmeat, fish roe w/honey wasabi sauce</i>		
* Phoenix Roll		14.95
<i>Spicy tuna, seared Cajun tuna, asparagus topped w/ salmon, tuna, fish roe w/eel sauce, honey miso sauce</i>		
* Blossom Roll		13.95
<i>White tuna, spicy tuna, mango in tempura style with avocado salsa topped with crawfish salad</i>		
* Rocking Roll		13.95
<i>Rock shrimp, cucumber topped w/salmon, and avocado</i>		
* Dahlia Roll		13.95
<i>Yellowtail, Scallion, seaweed salad topped with salmon and lime zest</i>		
* Spring Mist Roll		13.95
<i>White tuna, avocado, cucumber topped with salmon, tuna, red snapper and special jalapeno sauce</i>		
* Sumo Roll		16.95
<i>Real crabmeat, shrimp tempura, spicy tuna and avocado wrapped in soy paper</i>		

<u>Dinner</u>	
<i>Served w/ soup</i>	
* Sushi Regular	21.95
<i>8 pcs. assorted sushi and tuna roll</i>	
* Sushi Deluxe	25.95
<i>10 pcs. assorted sushi and spicy tuna roll</i>	
* Sashimi Dinner	26.95
<i>Assorted slices of fresh sashimi w/ bowl of rice</i>	
* Sushi Sashimi Combination	29.95
<i>6 pieces of assorted sushi and 12 pcs. assorted sashimi w/spicy tuna roll</i>	
* Maki Combination	18.95
<i>Spicy crunch tuna, eel special and yellowtail Scallion roll</i>	
* Tempura Maki	18.95
<i>Shrimp tempura, salmon tempura, sweet potato tempura roll</i>	
* Chirashi	24.95
<i>Assorted sashimi over brown rice</i>	
* Tuna Lover	24.95
<i>4 pieces red tuna, 4 pieces white tuna, and 1 spicy crunch tuna roll</i>	
* Sogo Delight	25.95
<i>2 pcs. tuna, 2 pieces yellowtail, 2 pcs. salmon, and a Spicy and Spicy roll</i>	
* Vegetable Maki	16.95
<i>1 roll green spring, 1 roll potato tempura, and 1 roll mixed vegetables</i>	
* Sushi for Two	49.95
<i>14 pcs. of assorted sushi, Fantastic roll & eel special roll</i>	
* Sushi/Sashimi for Two	69.95
<i>10 pcs. of sushi, and 14 pcs of assorted sashimi, Sogo special roll and Hana roll</i>	

Poke Bowl

* Sogo Poke	14.95
* Rose Poke	14.95
<i>**Cauliflower rice add \$2.00</i>	

Entrees

*served w/miso soup and bowl of brown rice

Hibachi Chicken/Shrimp or Beef	17.95/24.95
Crispy Hibachi Tofu	16.95
(Hibachi comes with fried rice)	
Veggie Delight	15.95
Eggplant, string bean & zucchini	
(add shrimp or tofu or chicken extra)	
Beef/Salmon or Shrimp Teriyaki	24.95
Chicken Teriyaki	17.95
Tempura (shrimp & vegetable,)/(veg)	18.95/15.95
Fried Brown Rice (chicken or veg) /(Shrimp or beef)	13.95/15.95
Stir Fry Udon (chicken or veg)/(shrimp or beef)	14.95/16.95
Shrimp Tempura Udon Soup	15.95
Yaki Soba (buckwheat noodle)	16.95/15.95

Stir fry soba w/choice (shrimp, beef,)/(chicken or Vegetable)

Lemon Grass Chicken or Beef/Shrimp	18.95/24.95
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Stir fry shrimp or beef ,basil, mango with vegetable

Bento Box (pick one roll from Maki roll*, harumaki and kani salad)

Box A	Chicken Teriyaki	20.95
Box B	Salmon Teriyaki	24.95

Sushi or Sashimi A La Carte

	Sushi: one piece	Sashimi: 3 pieces
Tuna (Maguro)	3.50	7.95
Yellowtail (Hamachi)	3.50	7.95
White tuna	3.50	7.95
Salmon (Sake)	3.50	7.95
Fluke (Hirame)	3.50	7.95
Striped Bass (Suzuki)	3.50	7.95
Red snapper (Tai)	3.50	7.95
Mackerel (Saba)	2.95	6.95
Smoked Salmon	3.50	7.95
Flying Fish Roe (Tobiko)	4.50	4.50*
Salmon Roe (Ikura)	6.50	6.50*
Eel (Unagi)	3.50	7.95
Octopus (Tako)	3.50	7.95
Scallop (Hotategai)	3.50	8.95
Shrimp (Ebi)	2.95	5.95
Egg (Tamago)	2.00	4.50
Crab Stick (Kani)	2.95	6.95
Bean Curd (Inari)	2.00	4.50

* per pierce

Roll or Hand Roll

Cooked Roll

Boston	7.50
California	7.50
Eel Cucumber or avocado	7.50
Eel Special (Eel, avocado, cucumber, and fish roe)	7.95
Hot Crunch Crab Roll	7.50
Cooked Salmons w/avocado	8.95
Salmon Skin Roll	6.95
Shrimp Tempura w/ avocado	8.50
Chicken Tempura w/avocado	7.95
Spicy Cooked Shrimp w/cucumber	7.50
Spider Roll Soft shell crab, avocado, and fish roe	11.95
Mango Roll cooked shrimp, mango, avocado	7.50
Real Crab California Roll	8.95

Raw Roll

Alaska (Salmon, avocado, & cucumber w/ fish roe)	7.50
Philadelphia (Smoked salmon w/cream cheese)	8.50
Red Snapper	7.50
(red snapper w/chili sauce, fish roe, cilantro & avocado)	
Salmon Avocado or Tuna Avocado	7.50
Tuna Roll or Salmon Roll	7.50
Peppered Tuna (pepped tuna, mango, avocado)	8.50
Spicy Crunch (tuna, salmon, or yellowtail)	7.50
Spicy Salmon w/avocado	7.50
Spicy Salmon or Spicy White Tuna w/ Jalapeno	7.50
Yellowtail w/ Jalapeno	7.50
Spicy Scallop w/ Jalapeno or Avocado	8.95
Spicy Tuna w/ avocado	7.50
Spicy Yellowtail w/ scallion	7.50
Yellowtail w/scallion	7.50

Vegetarian Roll

Asparagus or Cucumber	5.95
Avocado	5.95
Avocado & Cucumber	5.95
Sweet potato tempura	5.95
Avocado Mango	6.50
Mixed vegetable (Asparagus ,avocado & cucumber)	5.95
Green Spring (baby spinach, asparagus & avocado)	5.95
Tofu Roll (seasoning bean curd and baby spinach)	5.95
Garden Roll	6.95
(bell pepper, avocado, asparagus wrap w/soy bean paper)	
Sunflower Roll (Sweet potato, avocado & cream cheese)	6.95
Spirit Roll (lemon, avocado & cucumber)	5.95
Veggie Dragon	8.95
Vegetable Futomaki	9.95
Shiitaki Roll	11.95
Iris Roll (mix vegetable top w/purple yam)	10.95

Lunch Menu 11:30am — 2:30pm

Served w/soup

Sushi Bar Lunch

Sushi Regular	13.95
6 pieces sushi and one California roll	
Sushi Deluxe	15.95
8 pieces sushi and one spicy crunch tuna roll	
Sushi/Sashimi Combo	17.95
4 pieces sushi, 6 pieced sashimi, and one spicy crunch tuna roll	
Sashimi Lunch	15.95
Assorted fresh fish served w/ bowl of brown rice	

Maki Roll Lunch

(Any two rolls 11.95 Any three rolls 15.95)

Cooked	
California roll	Hot crunch crab roll
Shrimp tempura roll	Sweet potato tempura roll
Avocado cucumber roll	Spicy cooked shrimp roll
Salmon skin roll	Eel cucumber or avocado
Chicken Tempura	
Raw	
Salmon avocado	
Tuna avocado roll	Spicy crunch tuna roll
Spicy crunch salmon roll	Spicy salmon avocado roll
Spicy salmon w/ jalapeno roll	Yellowtail with scallion
Red snapper roll (red snapper w/chili sauce, fish roe, cilantro & avocado)	

Bento Box

Pick one roll from Maki roll lunch, Vegitable spring roll, soup & Kani salad

Box A	Chicken Teriyaki	\$13.95
Box B	Salmon Teriyaki	\$15.95

Lunch Entrees

served w/soup,and brown rice

Hibachi Chicken (with fried rice)	12.95
Veggie Delight	9.95
Chicken Teriyaki	9.95
Salmon Teriyaki	12.95
Shrimp & Vegetable Tempura	10.95
Stir fry udon choice of chicken or vegetable	10.95



Sogo Sushi

Mon - Thu 11:30-2:30 4:30-8:30

Fri & Sat 11:30-2:30 4:30-9:00

60 Monmouth St

Red Bank , NJ 07701

Tel: 732-5309688

Fax:732-5309689

www.sogosushi.com

Delivery/Pick up

**The prices are subject to change without prior notice



NEW Roll

Aburi (flame seared) Roll

Crab stick tempura, avocado, cucumber topped with seared white fish, eel sauce and scallion.



Tropical Roll

Spicy salmon, mango, jalapeno, cilantro topped w/salmon and avocado

Poke Bowl



Sogo Poke

\$ 14.95

Salmon, avocado, seaweed salad, marinated carrot, oshinko , cilantro, chef's special spicy sauce , brown rice

***cauliflower rice add \$ 2.00*



Rose Poke

\$ 14.95

Tuna, avocado, fish roe, sesame seed, baby spinach, shoyu & honey wasabi sauce , brown rice

***cauliflower rice add \$ 2.00*



NEW Roll

Iris Roll

\$ 10.95

“New Vegetarian Roll”

Mix vegetable top with Japanese Purple Yam