

## Soup & Salad

*\*w/Ginger dressing*

<b>Miso soup/Clear soup</b>	2.00
<b>Shumai Soup</b> <i>Shrimp dumpling soup</i>	3.50
<b>Garden salad*</b>	2.95
<b>Sogo special salad*</b>	6.50
<i>Asparagus, avocado, baby spinach and romaine lettuce</i>	
<b>California salad*</b>	6.50
<i>Crab meat, avocado &amp; romaine lettuce</i>	
<b>Seaweed salad</b>	5.50
<b>Calamari salad</b>	7.95
<i>Marinated Calamari salad</i>	
<b>Kani salad</b>	6.50
<i>Crabmeat, cucumber, spicy sauce, fish roe</i>	
<b>Avocado Salad *</b>	5.50
<i>Avocado &amp; romaine lettuce</i>	

## Appetizer

<b>Edamame</b> <i>w/sea salt</i>	4.95
<b>Gyoza /Vegetable Gyoza</b>	5.00
<i>5 pcs. pan fried pork or vegetable dumpling</i>	
<b>Shumai</b> <i>6 pcs. shrimp steamed dumpling</i>	5.00
<b>Harumaki</b> <i>vegetable crispy spring roll</i>	5.00
<b>Rock Shrimp</b>	9.95
<i>Rock shrimp with special sauce (mixed w/peanut butter)</i>	
<b>Beef Negimaki</b>	7.95
<b>Chicken Teriyaki</b>	6.95
<b>Yam Yam Noodle</b>	7.50
<i>Stir fry vegetable yam noodle **Gluten free**</i>	
<b>Tempura</b> <i>Shrimp &amp; vegetable</i>	7.95
<b>Seafood Taco</b>	9.95
<i>Diced tuna, Salmon in wonton taco with chili sauce and scallion</i>	
<b>Tuna Tataki</b> <i>seared pepper tuna</i>	11.95
<b>Treasure Island</b>	12.95
<i>Avocado boat w/ chopped tuna, spicy sauce, w/tobiko</i>	
<b>Tako Su</b>	9.95
<i>Octopus, and cucumber w/ ponzu sauce</i>	
<b>Yellowtail Jalapeno</b>	12.95
<i>Yellowtail sashimi with special jalapeno sauce</i>	
<b>Salmon Pizza</b>	11.95
<i>Pan fried pancake topped w/ salmon, chef's special salsa, spicy mayo, crunch chip (Tuna Pizza add \$2)</i>	
<b>Crispy Spicy Tuna Dumpling</b>	11.95
<i>Spicy tuna, wrapped in wonton skin</i>	

*\*Please notify an employee if you have any food allergies \**

## Special Rolls **\*\*Cooked\*\***

<b>* Sogo Special</b>	12.95
<i>Shrimp tempura, fish roe and avocado topped w/ spicy crab meat and chopped shrimp.</i>	
<b>* Black Pearl</b>	11.95
<i>Shrimp and crabmeat, mixed w/ spicy mayo, wrapped w/ avocado and topped w/ black caviar.</i>	
<b>* Red Bank Roll</b>	13.95
<i>Soft shell crab tempura inside, topped w/ eel and avocado &amp; tobiko (or Shrimp tempura inside \$12.95)</i>	
<b>* Golden Roll</b>	11.95
<i>Shrimp tempura, cucumber wrapped in avocado w/amazing sauce</i>	
<b>* Dragon Roll</b>	11.95
<i>Eel, cucumber inside topped w/avocado and tobiko</i>	
<b>* Veggie Dragon</b>	7.95
<i>Sweet potato tempura wrapped in avocado, passion sauce</i>	
<b>* Sakura Roll</b>	12.95
<i>Hot crunch crab topped w/cooked shrimp &amp; avocado</i>	
<b>* SummerRoll</b>	11.95
<i>Shrimp tempura, lemon, cucumber top with mango</i>	
<b>* Shiitaki Roll</b>	9.95
<i>Fried or baked plantain, mint leaf, radish sprouts topped with grilled Shiitake mushroom</i>	
<b>* Lava Roll</b> (Baked)	12.95
<i>Avocado, cucumber and cooked shrimp topped with salmon</i>	
<b>* Lobster Roll</b>	14.95
<i>Spicy cooked shrimp and cucumber topped with lobster meat and avocado</i>	
<b>* Eel Lobster Roll</b>	15.95
<i>Lobster meat, asparagus topped with eel and avocado</i>	
<b>* Iris Roll</b>	9.95
<i>Mix vegetable top with Japanese Purple Yam</i>	

## Special Rolls **\*\*Raw\*\***

<b>* Orchid</b>	13.95
<i>Spicy crunch tuna, shrimp, crabmeat, inari &amp; tamago wrapped in soy bean paper topped with basil, fluke and tuna **no rice</i>	
<b>* Diamond</b>	12.95
<i>Spicy yellowtail, crunch and avocado topped w/ sliced fluke and caviar</i>	
<b>* Ruby</b>	12.95
<i>Spicy tuna w/ scallion, tempura crunch topped w/ seared pepper tuna</i>	
<b>* Spicy &amp; Spicy</b>	11.95
<i>Spicy tuna, avocado topped w/spicy crabmeat</i>	
<b>* Alaska Beauty</b>	11.95
<i>Salmon tempura, and asparagus, topped w/ fresh salmon and spicy mayo.</i>	

<b>* Candy Cane</b>	12.95
<i>Red and white tuna striped on top of spicy tuna .</i>	
<b>* Fantastic</b>	11.95
<i>Shrimp tempura and avocado, topped w/ spicy tuna</i>	
<b>* Salmon Lover</b>	12.95
<i>Salmon, homemade smoked salmon &amp; avocado w/baked crunch</i>	
<b>* Rainbow</b>	11.95
<i>Crabstick and cucumber inside topped w/ tuna, salmon, yellowtail, avocado</i>	
<b>*Sunshine</b>	11.95
<i>California roll, topped w/ salmon and sliced lemon</i>	
<b>* Naruto</b>	11.95
<i>Tuna, salmon, yellowtail &amp; avocado wrapped in cucumber</i>	
<b>* Hana Roll</b>	10.95
<i>Tuna, yellowtail, salmon, avocado wrapped in soy paper</i>	
<b>* Fire Island</b>	12.95
<i>Spicy crunch crabmeat, cucumber topped w/sliced yellowtail, jalapeno &amp; chili sauce</i>	
<b>* Yuzu Roll</b>	12.95
<i>Yellowtail scallion crunch mix w/yuzu citrus sauce topped w/sliced tuna and salmon</i>	
<b>* Minty Roll</b>	12.95
<i>White tuna, mint leaf, avocado, lemon topped w/spicy salmon</i>	
<b>* Blackened Tuna Roll</b>	9.95
<i>Seared Cajun tuna w/avocado, scallion, cucumber &amp; fish roe</i>	
<b>* Yummy Roll</b>	12.95
<i>Tuna, yellowtail, mango topped salmon, crabmeat, fish roe w/honey wasabi sauce</i>	
<b>* Phoenix Roll</b>	13.95
<i>Spicy tuna, seared Cajun tuna, asparagus topped w/ salmon, tuna, fish roe w/eel sauce, honey miso sauce</i>	
<b>* Blossom Roll</b>	12.95
<i>White tuna, spicy tuna, mango in tempura style with avocado salsa topped with crawfish salad</i>	
<b>* Rocking Roll</b>	12.95
<i>Rock shrimp, cucumber topped w/salmon, and avocado</i>	
<b>* Dahlia Roll</b>	12.95
<i>Yellowtail, Scallion, seaweed salad topped with salmon and lime zest w/special sauce</i>	
<b>* Emerald Roll</b>	12.95
<i>Cooked shrimp, spicy crabmeat, avocado, mango, lemon wrapped in soy paper topped with crunchy crabstick</i>	
<b>* Spring Mist Roll</b>	12.95
<i>White tuna, avocado, cucumber topped with salmon, tuna, red snapper and special jalapeno sauce</i>	
<b>* Sumo Roll</b>	14.95
<i>Real crabmeat, shrimp tempura, spicy tuna and avocado wrapped in soy paper</i>	

## Dinner

*Served w/ soup and salad*

<b>* Sushi Regular</b>	19.95
<i>8 pcs. assorted sushi and tuna roll</i>	
<b>* Sushi Deluxe</b>	22.95
<i>10 pcs. assorted sushi and spicy tuna roll</i>	
<b>* Sashimi Dinner</b>	23.95
<i>Assorted slices of fresh sashimi w/ bowl of rice</i>	
<b>* Sushi Sashimi Combination</b>	25.95
<i>6 pieces of assorted sushi and 12 pcs. assorted sashimi w/spicy tuna roll</i>	
<b>* Maki Combination</b>	16.95
<i>Spicy crunch tuna, eel special and yellowtail Scallion roll</i>	
<b>* Tempura Maki</b>	16.95
<i>Shrimp tempura, salmon tempura, sweet potato tempura roll</i>	
<b>* Chirashi</b>	22.95
<i>Assorted sashimi over brown rice</i>	
<b>* Tuna Lover</b>	22.95
<i>4 pieces red tuna, 4 pieces white tuna, and 1 spicy crunch tuna roll</i>	
<b>* Sogo Delight</b>	22.95
<i>2 pcs. tuna, 2 pieces yellowtail, 2 pcs. salmon, and a Spicy and Spicy roll</i>	
<b>* Vegetable Maki</b>	14.95
<i>1 roll green spring, 1 roll potato tempura, and 1 roll mixed vegetables</i>	
<b>* Sushi for Two</b>	43.95
<i>15 pcs. of assorted sushi, Fantastic roll &amp; eel special roll</i>	
<b>* Sushi/Sashimi for Two</b>	55.95
<i>10 pcs. of sushi, 16 pcs. of assorted sashimi, Sogo special roll and Hana roll</i>	

## Poke Bowl

<b>* Sogo Poke</b>	12.95
<b>* Rose Poke</b>	12.95
	(cauli rice add\$2.00)

## Entrees

*\*served w/salad, miso soup and bowl of brown rice*

<b>Hibachi Chicken/Shrimp or Beef</b>	16.95/19.95
<i>(Hibachi comes with fried rice)</i>	
<b>Veggie Delight</b>	14.95
<i>Eggplant, string bean &amp; zucchini (add shrimp or tofu or chicken extra)</i>	
<b>Zen Tofu</b>	14.95
<i>Crispy tofu with Shiitaki mushroom and snow peas</i>	
<b>Beef, Salmon or Shrimp Teriyaki</b>	18.95
<b>Chicken Teriyaki</b>	15.95
<b>Tempura</b> <i>(shrimp &amp; vegetable,)/(veg)</i>	17/14
<b>Fried Brown Rice</b> <i>(beef, chicken, veg) /Shrimp</i>	10.95/12.95
<b>Stir Fry Udon</b> <i>(beef, chicken or veg) /Shrimp</i>	12.95/14.95
<b>Shrimp Tempura Udon Soup</b>	14.95
<b>Yaki Soba</b> <i>(buckwheat noodle)</i>	15.00
<i>Stir fry soba w/choice shrimp, beef, chicken or Vegetable</i>	
<b>Lemon Grass Chicken or Beef/Shrimp</b>	17.95/19.95
<i>Stir fry shrimp or beef, basil, mango, onion &amp; bell pepper</i>	
<b>Bento Box</b> <i>(pick one roll from Maki roll*, shumai and kani salad)</i>	
<i>Box A</i>	<i>Chicken Teriyaki</i> 18.95
<i>Box B</i>	<i>Salmon Teriyaki</i> 19.95

## Sushi or Sashimi A La Carte

	Sushi: one piece	Sashimi: 3 pieces
Tuna (Maguro)	2.75	6.50
Yellowtail (Hamachi)	2.75	6.50
White tuna	2.75	5.95
Salmon (Sake)	2.75	6.50
Fluke (Hirame)	2.75	6.50
Uni **limited	MP	MP *
Striped Bass (Suzuki)	2.75	5.95
Red snapper (Tai)	2.50	5.50
Mackerel (Saba)	2.50	5.50
Smoked Salmon	2.75	5.95
Flying Fish Roe (Tobiko)	2.75	2.75*
Salmon Roe (Ikura)	3.50	3.50*
Eel (Unagi)	2.75	6.50
Octopus (Tako)	2.75	5.95
Scallop (Hotategai)	2.75	6.50
Shrimp (Ebi)	2.50	5.50
Egg (Tamago)	2.00	4.50
Crab Stick (Kani)	2.00	4.50
Bean Curd (Inari)	2.00	4.50

\* per pierce

## Roll or Hand Roll

### Cooked Roll

Boston	5.95
California	5.50
Eel Cucumber or avocado	6.50
Eel Special <i>(Eel, avocado, cucumber, and fish roe)</i>	6.95
Hot Crunch Crab Roll	5.95
Cooked Salmons w/avocado	6.95
Salmon Skin Roll	5.50
Shrimp Tempura w/ avocado	6.95
Chicken Tempura w/avocado	6.95
Spicy Cooked Shrimp w/cucumber	5.95
Spider Roll <i>Soft shell crab, avocado, and fish roe</i>	9.95
Mango Roll <i>cooked shrimp, mango, avo, coconut flake</i>	5.95
Real Crab California Roll	7.95

### Raw Roll

Alaska <i>(Salmon, avocado, &amp; cucumber w/ fish roe)</i>	5.95
Philadelphia <i>(Smoked salmon w/cream cheese)</i>	6.50
Red Snapper <i>(red snapper w/chili sauce, fish roe, cilantro &amp; avocado)</i>	5.95
Salmon Avocado or Tuna Avocado	5.95
Tuna Roll or Salmon Roll	5.50
Peppered Tuna <i>(peppered tuna, mango, avocado)</i>	6.95
Spicy Crunch <i>(tuna, salmon, or yellowtail)</i>	5.95
Spicy Salmon w/avocado	5.95
Spicy Salmon or Spicy White Tuna w/ Jalapeno	5.95
Yellowtail w/ Jalapeno	5.95
Spicy Scallop w/ Jalapeno	6.95
Spicy Tuna w/ avocado	5.95
Spicy Yellowtail w/ scallion	5.95
Yellowtail w/scallion or Jalapeno	5.95

### Vegetarian Roll

Asparagus or Cucumber or Avocado	4.50
Avocado & Cucumber	5.00
Sweet potato tempura	4.50
Avocado Mango	5.50
Mixed vegetable <i>(Asparagus, avocado &amp; cucumber)</i>	5.50
Green Spring <i>(baby spinach, asparagus &amp; avocado)</i>	5.50
Tofu Roll <i>(seasoning bean curd and baby spinach)</i>	5.50
Garden Roll <i>(bell pepper, avocado, asparagus wrap w/soy bean paper)</i>	6.95
Sunflower Roll <i>(Sweet potato, avo, &amp; cream cheese)</i>	5.95
Spirit Roll <i>(lemon, avocado &amp; cucumber)</i>	5.50
Veggie Dragon	7.95
Shiitaki Roll	9.95
Iris Roll <i>(mix vegetable top w/Japanese purple yam)</i>	9.95

## Lunch Menu 11:30am — 2:30pm

*Served w/soup and salad*

### Sushi Bar Lunch

<b>Sushi Regular</b>	11.95
<i>6 pieces sushi and one California roll</i>	
<b>Sushi Deluxe</b>	13.95
<i>8 pieces sushi and one spicy crunch tuna roll</i>	
<b>Sushi/Sashimi Combo</b>	16.95
<i>5 pieces sushi, 6 pieced sashimi, and one spicy crunch tuna roll</i>	
<b>Sashimi Lunch</b>	14.95
<i>Assorted fresh fish served w/ bowl of brown rice</i>	

### Maki Roll Lunch

*(Any two rolls 9.45 Any three rolls 12.95)*

#### Cooked

California roll	Hot crunch crab roll
Shrimp tempura roll	Sweet potato tempura roll
Avocado cucumber roll	Spicy cooked shrimp roll
Salmon skin roll	Eel cucumber or avocado
Chicken Tempura	

#### Raw

Alaska roll <i>(salmon, avocado, cucumber, roe)</i>	
Tuna avocado roll	Spicy crunch tuna roll
Spicy crunch salmon roll	Spicy salmon avocado roll
Spicy salmon w/ jalapeno roll	
Red snapper roll <i>(red snapper w/chili sauce, fish roe, cilantro &amp; avocado)</i>	

### Bento Box

Pick one roll from Maki roll lunch, shumai, soup & Kani salad

<b>Box A</b>	Chicken Teriyaki	\$11.95
<b>Box B</b>	Salmon Teriyaki	\$12.95

### Lunch Entrees

*served w/soup, salad and brown rice*

Hibachi Chicken or Beef <i>(with fried rice)</i>	10.95
Veggie Delight	9.95
Chicken Teriyaki	8.95
Beef Teriyaki	10.95
Salmon Teriyaki	10.95
Shrimp & Vegetable Tempura	9.95
Beef Negimaki	9.95
Stir fry udon <i>choice of beef, chicken or vegetable</i>	9.95



**Best Japanese Restaurant  
Best Sushi**

**Mon - Thu 11:30-2:30 4:30-9:30  
Fri & Sat 11:30-2:30 4:30-10:00**

**60 Monmouth St  
Red Bank, NJ 07701**

**Tel: 732-5309688**

**Fax: 732-5309689**

**www.sogosushi.com**

**Free Delivery**

**\*\*The prices are subject to change without prior notice**

# ***Poke Bowl***



## ***Sogo Poke***

\$ 12.95

*Salmon, avocado, seaweed salad, marinated carrot, oshinko , cilantro, chef's special spicy sauce , brown rice*

*\*\*over cauli rice add \$ 2.00*



## ***Rose Poke***

\$ 12.95

*Tuna, avocado, fish roe, sesame seed, baby spinach, shoyu & honey wasabi sauce , brown rice*

*\*\*over cauli rice add \$ 2.00*



## ***NEW ROLL***

### ***Iris Roll***

\$ 9.95

*“New Vegetarian Roll”*

*Mix vegetable top with Japanese Purple Yam*