

## Soup & Salad

*\*w/Ginger dressing*

Miso soup/Clear soup	2.00
Shumai Soup <i>Shrimp dumpling soup</i>	3.50
Garden salad*	2.95
Sogo special salad*	6.50
<i>Asparagus, avocado, baby spinach and romaine lettuce</i>	
California salad*	6.50
<i>Crab meat, avocado &amp; romaine lettuce</i>	
Seaweed salad	5.50
Calamari salad	8.95
Marinated Calamari salad	
Kani salad	6.50
<i>Crabmeat, cucumber, spicy sauce, fish roe</i>	
Avocado Salad *	5.50
<i>Avocado &amp; romaine lettuce</i>	

## Appetizer

Hibachi Noodle	5.95
Edamame <i>w/sea salt</i>	5.00
Gyoza /Vegetable Gyoza	5.50
<i>5 pcs. pan fried pork or vegetable dumpling</i>	
Shumai <i>6 pcs. shrimp steamed dumpling</i>	5.50
Harumaki <i>vegetable crispy spring roll</i>	5.00
Rock Shrimp	9.95
<i>Rock shrimp with special sauce (mixed w/peanut butter)</i>	
Beef Negimaki	8.95
Chicken Teriyaki	6.95
Yam Yam Noodle	7.95
<i>Stir fry vegetable yam noodle **Gluten free**</i>	
Tempura <i>Shrimp &amp; vegetable</i>	7.95
Seafood Taco	9.95
<i>Diced tuna, Salmon in wonton taco with chili sauce and scallion</i>	
Tuna Tataki <i>seared pepper tuna</i>	11.95
Treasure Island	12.95
<i>Avocado boat w/ chopped tuna, spicy sauce, w/tobiko</i>	
Tako Su	10.95
<i>Octopus, and cucumber w/ ponzu sauce</i>	
Yellowtail Jalapeno	12.95
<i>Yellowtail sashimi with special jalapeno sauce</i>	
Salmon Pizza	12.95
<i>Pan fried pancake topped w/ salmon, chef's special salsa, spicy mayo, crunch chip (Tuna Pizza add \$1)</i>	
Crispy Spicy Tuna Dumpling	11.95
<i>Spicy tuna, wrapped in wonton skin</i>	

*\*Please notify an employee if you have any food allergies \**

## Special Rolls **\*\*Cooked\*\***

* Sogo Special	12.95
<i>Shrimp tempura, fish roe and avocado topped w/ spicy crab meat and chopped shrimp.</i>	
* Black Pearl	11.95
<i>Shrimp and crabmeat, mixed w/ spicy mayo, wrapped w/ avocado</i>	
* Red Bank Roll	14.95
<i>Soft shell crab tempura inside, topped w/ eel and avocado &amp; tobiko (or Shrimp tempura inside \$12.95)</i>	
* Golden Roll	11.95
<i>Shrimp tempura, cucumber wrapped in avocado w/amazing sauce</i>	
* Dragon Roll	11.95
<i>Eel, cucumber inside topped w/avocado and tobiko</i>	
* Veggie Dragon	7.95
<i>Sweet potato tempura wrapped in avocado, passion sauce</i>	
* Sakura Roll	12.95
<i>Hot crunch crab topped w/cooked shrimp &amp; avocado</i>	
* SummerRoll	11.95
<i>Shrimp tempura, lemon, cucumber top with mango</i>	
* Shiitaki Roll	10.95
<i>Fried or baked plantain, mint leaf, radish sprouts topped with grilled Shiitake mushroom</i>	
* Lava Roll (Baked)	12.95
<i>Avocado, cucumber and cooked shrimp topped with salmon</i>	
* Lobster Roll	15.95
<i>Spicy cooked shrimp and cucumber topped with lobster meat and avocado</i>	
* Eel Lobster Roll	15.95
<i>Lobster meat, asparagus topped with eel and avocado</i>	
* Iris Roll	9.95
<i>Mix vegetable top with Japanese Purple Yam</i>	

## Special Rolls **\*\*Raw\*\***

* Orchid	13.95
<i>Spicy crunch tuna, shrimp, crabmeat, inari &amp; tamago wrapped in soy bean paper topped with basil, fluke and tuna **no rice</i>	
* Diamond	12.95
<i>Spicy yellowtail, crunch and avocado topped w/ sliced fluke and caviar</i>	
* Ruby	12.95
<i>Spicy tuna w/ scallion, tempura crunch topped w/ seared pepper tuna</i>	
* Spicy & Spicy	11.95
<i>Spicy tuna, avocado topped w/spicy crabmeat</i>	
* Alaska Beauty	11.95
<i>Salmon tempura, and asparagus, topped w/ fresh salmon and spicy mayo.</i>	

* Candy Cane	12.95
<i>Red and white tuna striped on top of spicy tuna .</i>	
* Fantastic	11.95
<i>Shrimp tempura and avocado, topped w/ spicy tuna</i>	
* Salmon Lover	12.95
<i>Salmon, homemade smoked salmon &amp; avocado w/baked crunch</i>	
* Rainbow	12.95
<i>Crabstick and cucumber inside topped w/ tuna, salmon, yellowtail, avocado</i>	
* Sunshine	11.95
<i>California roll, topped w/ salmon and sliced lemon</i>	
* Naruto	12.95
<i>Tuna, salmon, yellowtail &amp; avocado wrapped in cucumber</i>	
* Hana Roll	11.95
<i>Tuna, yellowtail, salmon, avocado wrapped in soy paper</i>	
* Fire Island	12.95
<i>Spicy crunch crabmeat, cucumber topped w/sliced yellowtail, jalapeno &amp; chili sauce</i>	
* Yuzu Roll	12.95
<i>Yellowtail scallion crunch mix w/yuzu citrus sauce topped w/sliced tuna and salmon</i>	
* Minty Roll	12.95
<i>White tuna, mint leaf, avocado, lemon topped w/spicy salmon</i>	
* Blackened Tuna Roll	9.95
<i>Seared Cajun tuna w/avocado, scallion, cucumber &amp; fish roe</i>	
* Yummy Roll	12.95
<i>Tuna, yellowtail, mango topped salmon, crabmeat, fish roe w/honey wasabi sauce</i>	
* Phoenix Roll	13.95
<i>Spicy tuna, seared Cajun tuna, asparagus topped w/ salmon, tuna, fish roe w/eel sauce, honey miso sauce</i>	
* Blossom Roll	12.95
<i>White tuna, spicy tuna, mango in tempura style with avocado salsa topped with crawfish salad</i>	
* Rocking Roll	12.95
<i>Rock shrimp, cucumber topped w/salmon, and avocado</i>	
* Dahlia Roll	12.95
<i>Yellowtail, Scallion, seaweed salad topped with salmon and lime zest w/special sauce</i>	
* Emerald Roll	12.95
<i>Cooked shrimp, spicy crabmeat, avocado, mango, lemon wrapped in soy paper topped with crunchy crabstick</i>	
* Spring Mist Roll	12.95
<i>White tuna, avocado, cucumber topped with salmon, tuna, red snapper and special jalapeno sauce</i>	
* Sumo Roll	14.95
<i>Real crabmeat, shrimp tempura, spicy tuna and avocado wrapped in soy paper</i>	

## Dinner

*Served w/ soup*

* Sushi Regular	19.95
<i>8 pcs. assorted sushi and tuna roll</i>	
* Sushi Deluxe	23.95
<i>10 pcs. assorted sushi and spicy tuna roll</i>	
* Sashimi Dinner	24.95
<i>Assorted slices of fresh sashimi w/ bowl of rice</i>	
* Sushi Sashimi Combination	26.95
<i>6 pieces of assorted sushi and 12 pcs. assorted sashimi w/spicy tuna roll</i>	
* Maki Combination	17.95
<i>Spicy crunch tuna, eel special and yellowtail Scallion roll</i>	
* Tempura Maki	17.95
<i>Shrimp tempura, salmon tempura, sweet potato tempura roll</i>	
* Chirashi	22.95
<i>Assorted sashimi over brown rice</i>	
* Tuna Lover	22.95
<i>4 pieces red tuna, 4 pieces white tuna, and 1 spicy crunch tuna roll</i>	
* Sogo Delight	23.95
<i>2 pcs. tuna, 2 pieces yellowtail, 2 pcs. salmon, and a Spicy and Spicy roll</i>	
* Vegetable Maki	14.95
<i>1 roll green spring, 1 roll potato tempura, and 1 roll mixed vegetables</i>	
* Sushi for Two	43.95
<i>15 pcs. of assorted sushi, Fantastic roll &amp; eel special roll</i>	
* Sushi/Sashimi for Two	57.95
<i>10 pcs. of sushi, 16 pcs. of assorted sashimi, Sogo special roll and Hana roll</i>	

## Poke Bowl

* Sogo Poke	12.95
* Rose Poke	12.95

## Entrees

*\*served w/miso soup and bowl of brown rice*

<b>Hibachi Chicken/Shrimp or Beef</b> (Hibachi comes with fried rice)	16.95/20.95
<b>Veggie Delight</b> <i>Eggplant, string bean &amp; zucchini (add shrimp or tofu or chicken extra)</i>	14.95
<b>Zen Tofu</b> <i>Crispy tofu with Shiitaki mushroom and snow peas</i>	14.95
<b>Beef, Salmon or Shrimp Teriyaki</b>	20.95
<b>Chicken Teriyaki</b>	15.95
<b>Tempura</b> ( <i>shrimp &amp; vegetable</i> )/(veg)	17/14
<b>Fried Brown Rice</b> ( <i>beef, chicken, veg</i> ) /Shrimp	11.95/13.95
<b>Stir Fry Udon</b> ( <i>beef, chicken or veg</i> )/Shrimp	12.95/14.95
<b>Shrimp Tempura Udon Soup</b>	14.95
<b>Yaki Soba</b> (buckwheat noodle)	15.00
<i>Stir fry soba w/choice shrimp, beef, chicken or Vegetable</i>	
<b>Lemon Grass Chicken or Beef/Shrimp</b> <i>Stir fry shrimp or beef, basil, mango, onion &amp; bell pepper</i>	17.95/20.95
<b>Bento Box</b> ( <i>pick one roll from Maki roll*, shumai and kani salad</i> )	
<i>Box A</i> <i>Chicken Teriyaki</i>	18.95
<i>Box B</i> <i>Salmon Teriyaki</i>	21.95

## Sushi or Sashimi A La Carte

	Sushi: one piece	Sashimi: 3 pieces
Tuna (Maguro)	2.95	6.95
Yellowtail (Hamachi)	2.95	6.95
White tuna	2.95	6.95
Salmon (Sake)	2.95	6.95
Fluke (Hirame)	2.95	6.95
Striped Bass (Suzuki)	2.95	6.95
Red snapper (Tai)	2.50	5.50
Mackerel (Saba)	2.50	5.50
Smoked Salmon	2.95	6.95
Flying Fish Roe (Tobiko)	2.75	2.95*
Salmon Roe (Ikura)	3.50	3.50*
Eel (Unagi)	2.95	6.95
Octopus (Tako)	2.95	6.95
Scallop (Hotategai)	2.95	6.95
Shrimp (Ebi)	2.50	5.50
Egg (Tamago)	2.00	4.50
Crab Stick (Kani)	2.50	5.50
Bean Curd (Inari)	2.00	4.50

\* per pierce

## Roll or Hand Roll

### Cooked Roll

Boston	6.50
California	5.95
Eel Cucumber or avocado	6.50
Eel Special ( <i>Eel, avocado, cucumber, and fish roe</i> )	6.95
Hot Crunch Crab Roll	6.50
Cooked Salmons w/avocado	6.95
Salmon Skin Roll	5.50
Shrimp Tempura w/ avocado	6.95
Chicken Tempura w/avocado	6.95
Spicy Cooked Shrimp w/cucumber	6.50
Spider Roll <i>Soft shell crab, avocado, and fish roe</i>	9.95
Mango Roll <i>cooked shrimp, mango, avocado</i>	6.50
Real Crab California Roll	7.95

### Raw Roll

Alaska ( <i>Salmon, avocado, &amp; cucumber w/ fish roe</i> )	6.50
Philadelphia ( <i>Smoked salmon w/cream cheese</i> )	6.50
Red Snapper <i>(red snapper w/chili sauce, fish roe, cilantro &amp; avocado)</i>	6.50
Salmon Avocado or Tuna Avocado	6.50
Tuna Roll or Salmon Roll	5.50
Peppered Tuna ( <i>peppered tuna, mango, avocado</i> )	6.95
Spicy Crunch ( <i>tuna, salmon, or yellowtail</i> )	6.50
Spicy Salmon w/avocado	6.50
Spicy Salmon or Spicy White Tuna w/ Jalapeno	6.50
Yellowtail w/ Jalapeno	6.50
Spicy Scallop w/ Jalapeno	7.50
Spicy Tuna w/ avocado	6.50
Spicy Yellowtail w/ scallion	6.50
Yellowtail w/scallion	5.50

### Vegetarian Roll

Asparagus or Cucumber or Avocado	4.50
Avocado & Cucumber	5.00
Sweet potato tempura	5.00
Avocado Mango	5.50
Mixed vegetable ( <i>Asparagus, avocado &amp; cucumber</i> )	5.50
Green Spring ( <i>baby spinach, asparagus &amp; avocado</i> )	5.50
Tofu Roll ( <i>seasoning bean curd and baby spinach</i> )	5.50
Garden Roll <i>(bell pepper, avocado, asparagus wrap w/soy bean paper)</i>	6.95
Sunflower Roll ( <i>Sweet potato, avo, &amp; cream cheese</i> )	5.95
Spirit Roll ( <i>lemon, avocado &amp; cucumber</i> )	5.50
Veggie Dragon	7.95
Shiitaki Roll	9.95
Iris Roll ( <i>mix vegetable top w/Japanese purple yam</i> )	9.95

## Lunch Menu 11:30am — 2:30pm

*Served w/soup*

### Sushi Bar Lunch

<b>Sushi Regular</b> <i>6 pieces sushi and one California roll</i>	11.95
<b>Sushi Deluxe</b> <i>8 pieces sushi and one spicy crunch tuna roll</i>	13.95
<b>Sushi/Sashimi Combo</b> <i>5 pieces sushi, 6 pieced sashimi, and one spicy crunch tuna roll</i>	16.95
<b>Sashimi Lunch</b> <i>Assorted fresh fish served w/ bowl of brown rice</i>	14.95

### Maki Roll Lunch

*(Any two rolls 9.95 Any three rolls 12.95)*

#### Cooked

California roll	6.50	Hot crunch crab roll	6.50
Shrimp tempura roll	6.50	Sweet potato tempura roll	6.50
Avocado cucumber roll	6.50	Spicy cooked shrimp roll	6.50
Salmon skin roll	6.50	Eel cucumber or avocado	6.50
Chicken Tempura	6.50		

#### Raw

Alaska roll ( <i>salmon, avocado, cucumber, roe</i> )	6.95		
Tuna avocado roll	6.50	Spicy crunch tuna roll	6.50
Spicy crunch salmon roll	6.50	Spicy salmon avocado roll	6.50
Spicy salmon w/ jalapeno roll	6.50		
Red snapper roll ( <i>red snapper w/chili sauce, fish roe, cilantro &amp; avocado</i> )	7.50		

### Bento Box

Pick one roll from Maki roll lunch, shumai, soup & Kani salad

<b>Box A</b>	Chicken Teriyaki	\$11.95
<b>Box B</b>	Salmon Teriyaki	\$12.95

### Lunch Entrees

*served w/soup, and brown rice*

Hibachi Chicken or Beef (with fried rice)	10.95
Veggie Delight	9.95
Chicken Teriyaki	8.95
Beef Teriyaki	11.95
Salmon Teriyaki	10.95
Shrimp & Vegetable Tempura	9.95
Beef Negimaki	9.95
Stir fry udon <i>choice of beef, chicken or vegetable</i>	9.95



**Best Japanese Restaurant  
Best Sushi**

**Mon - Thu 11:30-2:30 4:30-9:30  
Fri & Sat 11:30-2:30 4:30-10:00**

**60 Monmouth St  
Red Bank, NJ 07701**

**Tel: 732-5309688**

**Fax: 732-5309689**

**[www.sogosushi.com](http://www.sogosushi.com)**

**Delivery/Curbside Pick up**

**\*\*The prices are subject to change without prior notice**

# ***Poke Bowl***



## ***Sogo Poke***

\$ 12.95

*Salmon, avocado, seaweed salad, marinated carrot, oshinko , cilantro, chef's special spicy sauce , brown rice*



## ***Rose Poke***

\$ 12.95

*Tuna, avocado, fish roe, sesame seed, baby spinach, shoyu & honey wasabi sauce , brown rice*



## ***NEW ROLL***

### ***Iris Roll***

\$ 9.95

*“New Vegetarian Roll”*

*Mix vegetable top with Japanese Purple Yam*