

Soup & Salad

**w/Ginger dressing*

| | |
|---|------|
| Miso soup | 2.00 |
| Clear Soup | 2.50 |
| Shumai Soup <i>Shrimp dumpling soup</i> | 3.95 |
| Garden salad* | 2.95 |
| Sogo special salad* | 6.95 |
| <i>Asparagus, avocado, baby spinach and romaine lettuce</i> | |
| California salad* | 6.95 |
| <i>Crab meat, avocado & romaine lettuce</i> | |
| Seaweed salad | 5.95 |
| Calamari salad | 8.95 |
| Marinated Calamari salad | |
| Kani salad | 6.50 |
| <i>Crabmeat, cucumber, spicy sauce, fish roe</i> | |
| Avocado Salad * | 5.95 |
| <i>Avocado & romaine lettuce</i> | |

Appetizer

| | |
|---|-------|
| Hibachi Noodle | 5.95 |
| Edamame <i>w/sea salt</i> | 5.50 |
| Gyoza /Vegetable Gyoza | 5.50 |
| <i>5 pcs. pan fried pork or vegetable dumpling</i> | |
| Shumai <i>6 pcs. shrimp steamed dumpling</i> | 5.50 |
| Harumaki <i>vegetable crispy spring roll</i> | 5.50 |
| Rock Shrimp | 10.95 |
| <i>Rock shrimp with special sauce (mixed w/peanut butter)</i> | |
| Beef Negimaki | 8.95 |
| Chicken Teriyaki | 6.95 |
| Yam Yam Noodle | 7.95 |
| <i>Stir fry vegetable yam noodle **Gluten free**</i> | |
| Tempura <i>Shrimp & vegetable</i> | 8.95 |
| Seafood Taco | 10.95 |
| <i>Diced tuna, Salmon in wonton taco with chili sauce and scallion</i> | |
| Tuna Tataki <i>seared pepper tuna</i> | 13.95 |
| Treasure Island | 13.95 |
| <i>Avocado boat w/ chopped tuna, spicy sauce, w/tobiko</i> | |
| Tako Su | 11.95 |
| <i>Octopus, and cucumber w/ ponzu sauce</i> | |
| Yellowtail Jalapeno | 12.95 |
| <i>Yellowtail sashimi with special jalapeno sauce</i> | |
| Salmon Pizza | 12.95 |
| <i>Pan fried pancake topped w/ salmon, chef's special salsa, spicy mayo, crunch chip (Tuna Pizza add \$2)</i> | |
| Crispy Spicy Tuna Dumpling | 12.95 |
| <i>Spicy tuna, wrapped in wonton skin</i> | |

**Please notify an employee if you have any food allergies **

Special Rolls ****Cooked****

| | |
|--|-------|
| * Sogo Special | 12.95 |
| <i>Shrimp tempura, fish roe and avocado topped w/ spicy crab meat and chopped shrimp.</i> | |
| * Black Pearl | 11.95 |
| <i>Shrimp and crabmeat, mixed w/ spicy mayo, wrapped w/ avocado</i> | |
| * Red Bank Roll | 15.95 |
| <i>Soft shell crab tempura inside, topped w/ eel and avocado & tobiko (or Shrimp tempura inside \$12.95)</i> | |
| * Golden Roll | 11.95 |
| <i>Shrimp tempura, cucumber wrapped in avocado w/amazing sauce</i> | |
| * Dragon Roll | 12.95 |
| <i>Eel, cucumber inside topped w/avocado and tobiko</i> | |
| * Veggie Dragon | 7.95 |
| <i>Sweet potato tempura wrapped in avocado, passion sauce</i> | |
| * Sakura Roll | 12.95 |
| <i>Hot crunch crab topped w/cooked shrimp & avocado</i> | |
| * Summer Roll | 12.95 |
| <i>Shrimp tempura, lemon, cucumber top with mango</i> | |
| * Shiitaki Roll | 10.95 |
| <i>Fried or baked plantain, mint leaf, radish sprouts topped with grilled Shiitake mushroom</i> | |
| * Lava Roll (Baked) | 12.95 |
| <i>Avocado, cucumber and cooked shrimp topped with salmon</i> | |
| * Lobster Roll | 15.95 |
| <i>Spicy cooked shrimp and cucumber topped with lobster meat and avocado</i> | |
| * Eel Lobster Roll | 15.95 |
| <i>Lobster meat, asparagus topped with eel and avocado</i> | |
| * Iris Roll | 9.95 |
| <i>Mix vegetable top with Japanese Purple Yam</i> | |

Special Rolls ****Raw****

| | |
|--|-------|
| * Orchid | 14.95 |
| <i>Spicy crunch tuna, shrimp, crabmeat, inari & tamago wrapped in soy bean paper topped with basil, fluke and tuna **no rice</i> | |
| * Diamond | 12.95 |
| <i>Spicy yellowtail, crunch and avocado topped w/ sliced fluke and caviar</i> | |
| * Ruby | 12.95 |
| <i>Spicy tuna w/ scallion, tempura crunch topped w/ seared pepper tuna</i> | |
| * Spicy & Spicy | 12.95 |
| <i>Spicy tuna, avocado topped w/spicy crabmeat</i> | |
| * Alaska Beauty | 12.95 |
| <i>Salmon tempura, and asparagus, topped w/ fresh salmon and spicy mayo.</i> | |

| | |
|--|-------|
| * Candy Cane | 12.95 |
| <i>Red and white tuna striped on top of spicy tuna .</i> | |
| * Fantastic | 12.95 |
| <i>Shrimp tempura and avocado, topped w/ spicy tuna</i> | |
| * Salmon Lover | 12.95 |
| <i>Salmon, homemade smoked salmon & avocado w/baked crunch</i> | |
| * Rainbow | 12.95 |
| <i>Crabstick and cucumber inside topped w/ tuna, salmon, yellowtail, avocado</i> | |
| * Sunshine | 12.95 |
| <i>California roll, topped w/ salmon and sliced lemon</i> | |
| * Naruto | 12.95 |
| <i>Tuna, salmon, yellowtail & avocado wrapped in cucumber</i> | |
| * Hana Roll | 11.95 |
| <i>Tuna, yellowtail, salmon, avocado wrapped in soy paper</i> | |
| * Fire Island | 12.95 |
| <i>Spicy crunch crabmeat, cucumber topped w/sliced yellowtail, jalapeno & chili sauce</i> | |
| * Yuzu Roll | 12.95 |
| <i>Yellowtail scallion crunch mix w/yuzu citrus sauce topped w/sliced tuna and salmon</i> | |
| * Minty Roll | 12.95 |
| <i>White tuna, mint leaf, avocado, lemon topped w/spicy salmon</i> | |
| * Blackened Tuna Roll | 9.95 |
| <i>Seared Cajun tuna w/avocado, scallion, cucumber & fish roe</i> | |
| * Yummy Roll | 12.95 |
| <i>Tuna, yellowtail, mango topped salmon, crabmeat, fish roe w/honey wasabi sauce</i> | |
| * Phoenix Roll | 13.95 |
| <i>Spicy tuna, seared Cajun tuna, asparagus topped w/ salmon, tuna, fish roe w/eel sauce, honey miso sauce</i> | |
| * Blossom Roll | 12.95 |
| <i>White tuna, spicy tuna, mango in tempura style with avocado salsa topped with crawfish salad</i> | |
| * Rocking Roll | 12.95 |
| <i>Rock shrimp, cucumber topped w/salmon, and avocado</i> | |
| * Dahlia Roll | 12.95 |
| <i>Yellowtail, Scallion, seaweed salad topped with salmon and lime zest</i> | |
| * Emerald Roll | 12.95 |
| <i>Cooked shrimp, spicy crabmeat, avocado, mango, lemon wrapped in soy paper topped with crunchy crabstick</i> | |
| * Spring Mist Roll | 12.95 |
| <i>White tuna, avocado, cucumber topped with salmon, tuna, red snapper and special jalapeno sauce</i> | |
| * Sumo Roll | 14.95 |
| <i>Real crabmeat, shrimp tempura, spicy tuna and avocado wrapped in soy paper</i> | |

Dinner

Served w/ soup

| | |
|--|-------|
| * Sushi Regular | 19.95 |
| <i>8 pcs. assorted sushi and tuna roll</i> | |
| * Sushi Deluxe | 23.95 |
| <i>10 pcs. assorted sushi and spicy tuna roll</i> | |
| * Sashimi Dinner | 25.95 |
| <i>Assorted slices of fresh sashimi w/ bowl of rice</i> | |
| * Sushi Sashimi Combination | 27.95 |
| <i>6 pieces of assorted sushi and 12 pcs. assorted sashimi w/spicy tuna roll</i> | |
| * Maki Combination | 17.95 |
| <i>Spicy crunch tuna, eel special and yellowtail Scallion roll</i> | |
| * Tempura Maki | 17.95 |
| <i>Shrimp tempura, salmon tempura, sweet potato tempura roll</i> | |
| * Chirashi | 23.95 |
| <i>Assorted sashimi over brown rice</i> | |
| * Tuna Lover | 22.95 |
| <i>4 pieces red tuna, 4 pieces white tuna, and 1 spicy crunch tuna roll</i> | |
| * Sogo Delight | 23.95 |
| <i>2 pcs. tuna, 2 pieces yellowtail, 2 pcs. salmon, and a Spicy and Spicy roll</i> | |
| * Vegetable Maki | 14.95 |
| <i>1 roll green spring, 1 roll potato tempura, and 1 roll mixed vegetables</i> | |
| * Sushi for Two | 45.95 |
| <i>15 pcs. of assorted sushi, Fantastic roll & eel special roll</i> | |
| * Sushi/Sashimi for Two | 59.95 |
| <i>10 pcs. of sushi, and 14 pcs of assorted sashimi, Sogo special roll and Hana roll</i> | |
| <u>Poke Bowl</u> | |
| * Sogo Poke | 13.50 |
| * Rose Poke | 13.50 |
| <i>**Cauliflower rice add \$1.50</i> | |

Entrees

**served w/miso soup and bowl of brown rice*

| | |
|---|-------------|
| Hibachi Chicken/Shrimp or Beef | 16.95/20.95 |
| Crispy Hibachi Tofu | 16.95 |
| (Hibachi comes with fried rice) | |
| Veggie Delight | 14.95 |
| <i>Eggplant, string bean & zucchini</i> | |
| <i>(add shrimp or tofu or chicken extra)</i> | |
| Beef, Salmon or Shrimp Teriyaki | 20.95 |
| Chicken Teriyaki | 16.95 |
| Tempura <i>(shrimp & vegetable,)/(veg)</i> | 17.95/14.95 |
| Fried Brown Rice <i>(chicken or veg)/(Shrimp or beef)</i> | 11.95/13.95 |
| Stir Fry Udon <i>(chicken or veg)/(shrimp or beef)</i> | 12.95/14.95 |
| Shrimp Tempura Udon Soup | 14.95 |
| Yaki Soba (buckwheat noodle) | 15.95 |

Stir fry soba w/choice shrimp, beef, chicken or Vegetable

| | |
|---|-------------|
| Lemon Grass Chicken or Beef/Shrimp | 17.95/21.95 |
| <i>Stir fry shrimp or beef, basil, mango with vegetable</i> | |

Bento Box *(pick one roll from Maki roll*, harumaki and kani salad)*

| | | |
|-------|------------------|-------|
| Box A | Chicken Teriyaki | 19.95 |
|-------|------------------|-------|

| | | |
|-------|-----------------|-------|
| Box B | Salmon Teriyaki | 21.95 |
|-------|-----------------|-------|

Sushi or Sashimi A La Carte

| | Sushi: one piece | Sashimi: 3 pieces |
|--------------------------|------------------|-------------------|
| Tuna (Maguro) | 2.95 | 6.95 |
| Yellowtail (Hamachi) | 2.95 | 6.95 |
| White tuna | 2.95 | 6.95 |
| Salmon (Sake) | 2.95 | 6.95 |
| Fluke (Hirame) | 2.95 | 6.95 |
| Striped Bass (Suzuki) | 2.95 | 6.95 |
| Red snapper (Tai) | 2.50 | 5.95 |
| Mackerel (Saba) | 2.50 | 5.95 |
| Smoked Salmon | 2.95 | 6.95 |
| Flying Fish Roe (Tobiko) | 2.95 | 2.95* |
| Salmon Roe (Ikura) | 3.50 | 3.50* |
| Eel (Unagi) | 2.95 | 6.95 |
| Octopus (Tako) | 2.95 | 6.95 |
| Scallop (Hotategai) | 3.50 | 7.95 |
| Shrimp (Ebi) | 2.50 | 5.50 |
| Egg (Tamago) | 2.00 | 4.50 |
| Crab Stick (Kani) | 2.50 | 5.95 |
| Bean Curd (Inari) | 2.00 | 4.50 |

* per pierce

Roll or Hand Roll

Cooked Roll

| | |
|---|------|
| Boston | 6.50 |
| California | 6.50 |
| Eel Cucumber or avocado | 6.50 |
| Eel Special <i>(Eel, avocado, cucumber, and fish roe)</i> | 6.95 |
| Hot Crunch Crab Roll | 6.50 |
| Cooked Salmons w/avocado | 7.50 |
| Salmon Skin Roll | 5.50 |
| Shrimp Tempura w/ avocado | 7.50 |
| Chicken Tempura w/avocado | 6.95 |
| Spicy Cooked Shrimp w/cucumber | 6.50 |
| Spider Roll <i>Soft shell crab, avocado, and fish roe</i> | 9.95 |
| Mango Roll <i>cooked shrimp, mango, avocado</i> | 6.50 |
| Real Crab California Roll | 8.95 |

Raw Roll

| | |
|--|------|
| Alaska <i>(Salmon, avocado, & cucumber w/ fish roe)</i> | 6.50 |
| Philadelphia <i>(Smoked salmon w/cream cheese)</i> | 6.95 |
| Red Snapper | 6.50 |
| <i>(red snapper w/chili sauce, fish roe, cilantro & avocado)</i> | |
| Salmon Avocado or Tuna Avocado | 6.50 |
| Tuna Roll or Salmon Roll | 5.95 |
| Peppered Tuna <i>(peppered tuna, mango, avocado)</i> | 6.95 |
| Spicy Crunch <i>(tuna, salmon, or yellowtail)</i> | 6.50 |
| Spicy Salmon w/avocado | 6.50 |
| Spicy Salmon or Spicy White Tuna w/ Jalapeno | 6.50 |
| Yellowtail w/ Jalapeno | 6.50 |
| Spicy Scallop w/ Jalapeno or Avocado | 7.95 |
| Spicy Tuna w/ avocado | 6.50 |
| Spicy Yellowtail w/ scallion | 6.50 |
| Yellowtail w/scallion | 5.95 |

Vegetarian Roll

| | |
|--|-------|
| Asparagus or Cucumber or Avocado | 5.00 |
| Avocado & Cucumber | 5.00 |
| Sweet potato tempura | 5.00 |
| Avocado Mango | 5.50 |
| Mixed vegetable <i>(Asparagus, avocado & cucumber)</i> | 5.50 |
| Green Spring <i>(baby spinach, asparagus & avocado)</i> | 5.50 |
| Tofu Roll <i>(seasoning bean curd and baby spinach)</i> | 5.50 |
| Garden Roll | 6.95 |
| <i>(bell pepper, avocado, asparagus wrap w/soy bean paper)</i> | |
| Sunflower Roll <i>(Sweet potato, avo, & cream cheese)</i> | 6.50 |
| Spirit Roll <i>(lemon, avocado & cucumber)</i> | 5.50 |
| Veggie Dragon | 7.95 |
| Shiitaki Roll | 10.95 |
| Iris Roll <i>(mix vegetable top w/Japanese purple yam)</i> | 9.95 |

Lunch Menu 11:30am — 2:30pm

Served w/soup

Sushi Bar Lunch

| | |
|---|-------|
| Sushi Regular | 12.50 |
| <i>6 pieces sushi and one California roll</i> | |
| Sushi Deluxe | 14.50 |
| <i>8 pieces sushi and one spicy crunch tuna roll</i> | |
| Sushi/Sashimi Combo | 16.95 |
| <i>4 pieces sushi, 6 pieced sashimi, and one spicy crunch tuna roll</i> | |
| Sashimi Lunch | 14.95 |
| <i>Assorted fresh fish served w/ bowl of brown rice</i> | |

Maki Roll Lunch

(Any two rolls 9.95 Any three rolls 13.95)

Cooked

| | |
|-----------------------|---------------------------|
| California roll | Hot crunch crab roll |
| Shrimp tempura roll | Sweet potato tempura roll |
| Avocado cucumber roll | Spicy cooked shrimp roll |
| Salmon skin roll | Eel cucumber or avocado |
| Chicken Tempura | |

Raw

| | |
|---|---------------------------|
| Alaska roll <i>(salmon, avocado, cucumber, roe)</i> | |
| Tuna avocado roll | Spicy crunch tuna roll |
| Spicy crunch salmon roll | Spicy salmon avocado roll |
| Spicy salmon w/ jalapeno roll | |

Red snapper roll *(red snapper w/chili sauce, fish roe, cilantro & avocado)*

Bento Box

Pick one roll from Maki roll lunch, Vegitable spring roll, soup & Kani salad

| | | |
|--------------|------------------|---------|
| Box A | Chicken Teriyaki | \$12.50 |
| Box B | Salmon Teriyaki | \$13.95 |

Lunch Entrees

served w/soup, and brown rice

| | |
|---|-------|
| Hibachi Chicken <i>(with fried rice)</i> | 11.95 |
| Veggie Delight | 9.95 |
| Chicken Teriyaki | 8.95 |
| Beef Teriyaki | 11.95 |
| Salmon Teriyaki | 11.95 |
| Shrimp & Vegetable Tempura | 10.95 |
| Beef Negimaki | 10.95 |
| Stir fry udon <i>choice of chicken or vegetable</i> | 9.95 |



**Best Japanese Restaurant
Best Sushi**

**Mon - Thu 11:30-2:30 4:30-8:30
Fri & Sat 11:30-2:30 4:30-9:00**

**60 Monmouth St
Red Bank, NJ 07701**

Tel: 732-5309688

Fax: 732-5309689

www.sogosushi.com

Delivery/Curbside Pick up

****The prices are subject to change without prior notice**

Poke Bowl



Sogo Poke

\$ 13.50

Salmon, avocado, seaweed salad, marinated carrot, oshinko , cilantro, chef's special spicy sauce , brown rice

***cauliflower rice add \$ 1.50*



Rose Poke

\$ 13.50

Tuna, avocado, fish roe, sesame seed, baby spinach, shoyu & honey wasabi sauce , brown rice

***cauliflower rice add \$ 1.50*



NEW ROLL

Iris Roll

\$ 9.95

“New Vegetarian Roll”

Mix vegetable top with Japanese Purple Yam