

## Soup & Salad

*\*w/Ginger dressing*

<b>Miso soup</b>	2.50
<b>Clear Soup</b>	2.50
<b>Shumai Soup</b> <i>Shrimp dumpling soup</i>	3.95
<b>Garden salad*</b>	2.95
<b>Sogo special salad*</b>	6.95
<i>Asparagus, avocado, baby spinach and romaine lettuce</i>	
<b>California salad*</b>	6.95
<i>Crab meat, avocado &amp; romaine lettuce</i>	
<b>Seaweed salad</b>	5.95
<b>Calamari salad</b>	8.95
<i>Marinated Calamari salad</i>	
<b>Kani salad</b>	6.95
<i>Crabmeat, cucumber, spicy sauce, fish roe</i>	
<b>Avocado Salad*</b>	5.95
<i>Avocado &amp; romaine lettuce</i>	

## Appetizer

<b>Hibachi Noodle</b>	5.95
<b>Edamame</b> <i>w/sea salt</i>	5.50
<b>Gyoza /Vegetable Gyoza</b>	5.50
<i>5 pcs. pan fried pork or vegetable dumpling</i>	
<b>Shumai</b> <i>6 pcs. shrimp steamed dumpling</i>	5.50
<b>Harumaki</b> <i>vegetable crispy spring roll</i>	5.50
<b>Rock Shrimp</b>	10.95
<i>Rock shrimp with special sauce (mixed w/peanut butter)</i>	
<b>Beef Negimaki</b>	8.95
<b>Chicken Teriyaki</b>	6.95
<b>Yam Yam Noodle</b>	7.95
<i>Stir fry vegetable yam noodle **Gluten free**</i>	
<b>Tempura</b> <i>Shrimp &amp; vegetable</i>	8.95
<b>Seafood Taco</b>	10.95
<i>Diced tuna, Salmon in wonton taco with chili sauce and scallion</i>	
<b>Tuna Tataki</b> <i>seared pepper tuna</i>	13.95
<b>Treasure Island</b>	13.95
<i>Avocado boat w/ chopped tuna, spicy sauce, w/tobiko</i>	
<b>Tako Su</b>	11.95
<i>Octopus, and cucumber w/ ponzu sauce</i>	
<b>Yellowtail Jalapeno</b>	13.95
<i>Yellowtail sashimi with special jalapeno sauce</i>	
<b>Salmon Pizza</b>	13.95
<i>Pan fried pancake topped w/ salmon, chef's special salsa, spicy mayo, crunch chip (Tuna Pizza add \$1)</i>	
<b>Crispy Spicy Tuna Dumpling</b>	12.95
<i>Spicy tuna, wrapped in wonton skin</i>	

*\*Please notify an employee if you have any food allergies \**

## Special Rolls **\*\*Cooked\*\***

<b>* Sogo Special</b>	12.95
<i>Shrimp tempura, fish roe and avocado topped w/ spicy crab meat and chopped shrimp.</i>	
<b>* Black Pearl</b>	12.95
<i>Shrimp and crabmeat, mixed w/ spicy mayo, wrapped w/ avocado</i>	
<b>* Red Bank Roll</b>	15.95
<i>Soft shell crab tempura inside, topped w/ eel and avocado &amp; tobiko (or Shrimp tempura inside \$13.95)</i>	
<b>* Golden Roll</b>	11.95
<i>Shrimp tempura, cucumber wrapped in avocado w/amazing sauce</i>	
<b>* Dragon Roll</b>	12.95
<i>Eel, cucumber inside topped w/avocado and tobiko</i>	
<b>* Veggie Dragon</b>	7.95
<i>Sweet potato tempura wrapped in avocado, passion sauce</i>	
<b>* Sakura Roll</b>	12.95
<i>Hot crunch crab topped w/cooked shrimp &amp; avocado</i>	
<b>* Summer Roll</b>	12.95
<i>Shrimp tempura, lemon, cucumber top with mango</i>	
<b>* Shiitaki Roll</b>	10.95
<i>Fried or baked plantain, mint leaf, radish sprouts topped with grilled Shiitake mushroom</i>	
<b>* Lava Roll</b> (Baked)	13.95
<i>Avocado, cucumber and cooked shrimp topped with salmon</i>	
<b>* Lobster Roll</b>	15.95
<i>Spicy cooked shrimp and cucumber topped with Maine lobster meat and avocado</i>	
<b>* Eel Lobster Roll</b>	16.95
<i>Maine lobster meat, asparagus topped with eel and avocado</i>	
<b>* Iris Roll</b>	9.95
<i>Mix vegetable top with Japanese Purple Yam</i>	

## Special Rolls **\*\*Raw\*\***

<b>* Orchid</b>	14.95
<i>Spicy crunch tuna, shrimp, crabmeat, inari &amp; tamago wrapped in soy bean paper topped with basil, fluke and tuna **no rice</i>	
<b>* Diamond</b>	12.95
<i>Spicy yellowtail, crunch and avocado topped w/ sliced fluke and caviar</i>	
<b>* Ruby</b>	12.95
<i>Spicy tuna w/ scallion, tempura crunch topped w/ seared pepper tuna</i>	
<b>* Spicy &amp; Spicy</b>	12.95
<i>Spicy tuna, avocado topped w/spicy crabmeat</i>	
<b>* Alaska Beauty</b>	12.95
<i>Salmon tempura, and asparagus, topped w/ fresh salmon and spicy mayo.</i>	

<b>* Candy Cane</b>	12.95
<i>Red and white tuna striped on top of spicy tuna .</i>	
<b>* Fantastic</b>	12.95
<i>Shrimp tempura and avocado, topped w/ spicy tuna</i>	
<b>* Salmon Lover</b>	12.95
<i>Salmon, homemade smoked salmon &amp; avocado w/baked crunch</i>	
<b>* Rainbow</b>	12.95
<i>Crabstick and cucumber inside topped w/ tuna, salmon, yellowtail, avocado</i>	
<b>*Sunshine</b>	12.95
<i>California roll, topped w/ salmon and sliced lemon</i>	
<b>* Naruto</b>	12.95
<i>Tuna, salmon, yellowtail &amp; avocado wrapped in cucumber</i>	
<b>* Hana Roll</b>	11.95
<i>Tuna, yellowtail, salmon, avocado wrapped in soy paper</i>	
<b>* Fire Island</b>	12.95
<i>Spicy crunch crabmeat, cucumber topped w/sliced yellowtail, jalapeno &amp; chili sauce</i>	
<b>* Yuzu Roll</b>	13.95
<i>Yellowtail scallion crunch mix w/yuzu citrus sauce topped w/sliced tuna and salmon</i>	
<b>* Minty Roll</b>	12.95
<i>White tuna, mint leaf, avocado, lemon topped w/spicy salmon</i>	
<b>* Blackened Tuna Roll</b>	10.95
<i>Seared Cajun tuna w/avocado, scallion, cucumber &amp; fish roe</i>	
<b>* Yummy Roll</b>	12.95
<i>Tuna, yellowtail, mango topped salmon, crabmeat, fish roe w/honey wasabi sauce</i>	
<b>* Phoenix Roll</b>	14.95
<i>Spicy tuna, seared Cajun tuna, asparagus topped w/ salmon, tuna, fish roe w/eel sauce, honey miso sauce</i>	
<b>* Blossom Roll</b>	12.95
<i>White tuna, spicy tuna, mango in tempura style with avocado salsa topped with crawfish salad</i>	
<b>* Rocking Roll</b>	12.95
<i>Rock shrimp, cucumber topped w/salmon, and avocado</i>	
<b>* Dahlia Roll</b>	12.95
<i>Yellowtail, Scallion, seaweed salad topped with salmon and lime zest</i>	
<b>* Emerald Roll</b>	12.95
<i>Cooked shrimp, spicy crabmeat, avocado, mango, lemon wrapped in soy paper topped with crunchy crabstick</i>	
<b>* Spring Mist Roll</b>	12.95
<i>White tuna, avocado, cucumber topped with salmon, tuna, red snapper and special jalapeno sauce</i>	
<b>* Sumo Roll</b>	14.95
<i>Real crabmeat, shrimp tempura, spicy tuna and avocado wrapped in soy paper</i>	

## Dinner

*Served w/ soup*

<b>* Sushi Regular</b>	19.95
<i>8 pcs. assorted sushi and tuna roll</i>	
<b>* Sushi Deluxe</b>	23.95
<i>10 pcs. assorted sushi and spicy tuna roll</i>	
<b>* Sashimi Dinner</b>	25.95
<i>Assorted slices of fresh sashimi w/ bowl of rice</i>	
<b>* Sushi Sashimi Combination</b>	27.95
<i>6 pieces of assorted sushi and 12 pcs. assorted sashimi w/spicy tuna roll</i>	
<b>* Maki Combination</b>	17.95
<i>Spicy crunch tuna, eel special and yellowtail Scallion roll</i>	
<b>* Tempura Maki</b>	18.95
<i>Shrimp tempura, salmon tempura, sweet potato tempura roll</i>	
<b>* Chirashi</b>	23.95
<i>Assorted sashimi over brown rice</i>	
<b>* Tuna Lover</b>	22.95
<i>4 pieces red tuna, 4 pieces white tuna, and 1 spicy crunch tuna roll</i>	
<b>* Sogo Delight</b>	23.95
<i>2 pcs. tuna, 2 pieces yellowtail, 2 pcs. salmon, and a Spicy and Spicy roll</i>	
<b>* Vegetable Maki</b>	14.95
<i>1 roll green spring, 1 roll potato tempura, and 1 roll mixed vegetables</i>	
<b>* Sushi for Two</b>	47.95
<i>15 pcs. of assorted sushi, Fantastic roll &amp; eel special roll</i>	
<b>* Sushi/Sashimi for Two</b>	62.95
<i>10 pcs. of sushi, and 14 pcs of assorted sashimi, Sogo special roll and Hana roll</i>	
<b><u>Poke Bowl</u></b>	
<b>* Sogo Poke</b>	13.50
<b>* Rose Poke</b>	13.50
<i>**Cauliflower rice add \$1.50</i>	

## Entrees

*\*served w/miso soup and bowl of brown rice*

Hibachi Chicken/Shrimp or Beef	16.95/20.95
Crispy Hibachi Tofu (Hibachi comes with fried rice)	16.95
Veggie Delight <i>Eggplant, string bean &amp; zucchini (add shrimp or tofu or chicken extra)</i>	14.95
Beef, Salmon or Shrimp Teriyaki	20.95
Chicken Teriyaki	16.95
Tempura <i>(shrimp &amp; vegetable,)/(veg)</i>	17.95/14.95
Fried Brown Rice <i>(chicken or veg)/(Shrimp or beef)</i>	11.95/13.95
Stir Fry Udon <i>(chicken or veg)/(shrimp or beef)</i>	12.95/14.95
Shrimp Tempura Udon Soup	14.95
Yaki Soba (buckwheat noodle)	15.95

*Stir fry soba w/choice shrimp, beef, chicken or Vegetable*

Lemon Grass Chicken or Beef/Shrimp	17.95/21.95
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*Stir fry shrimp or beef, basil, mango with vegetable*

**Bento Box** *(pick one roll from Maki roll\*, harumaki and kani salad)*

Box A	Chicken Teriyaki	19.95
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Box B	Salmon Teriyaki	21.95
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## Sushi or Sashimi A La Carte

	Sushi: one piece	Sashimi: 3 pieces
Tuna (Maguro)	2.95	6.95
Yellowtail (Hamachi)	2.95	6.95
White tuna	2.95	6.95
Salmon (Sake)	2.95	6.95
Fluke (Hirame)	2.95	6.95
Striped Bass (Suzuki)	2.95	6.95
Red snapper (Tai)	2.50	5.95
Mackerel (Saba)	2.50	5.95
Smoked Salmon	2.95	6.95
Flying Fish Roe (Tobiko)	2.95	2.95*
Salmon Roe (Ikura)	3.50	3.50*
Eel (Unagi)	2.95	6.95
Octopus (Tako)	2.95	6.95
Scallop (Hotategai)	3.50	7.95
Shrimp (Ebi)	2.50	5.50
Egg (Tamago)	2.00	4.50
Crab Stick (Kani)	2.50	5.95
Bean Curd (Inari)	2.00	4.50

\* per pierce

## Roll or Hand Roll

### Cooked Roll

Boston	6.95
California	6.50
Eel Cucumber or avocado	6.95
Eel Special <i>(Eel, avocado, cucumber, and fish roe)</i>	7.50
Hot Crunch Crab Roll	6.95
Cooked Salmons w/avocado	7.50
Salmon Skin Roll	5.50
Shrimp Tempura w/ avocado	7.50
Chicken Tempura w/avocado	6.95
Spicy Cooked Shrimp w/cucumber	6.95
Spider Roll <i>Soft shell crab, avocado, and fish roe</i>	9.95
Mango Roll <i>cooked shrimp, mango, avocado</i>	6.95
Real Crab California Roll	8.95

### Raw Roll

Alaska <i>(Salmon, avocado, &amp; cucumber w/ fish roe)</i>	6.95
Philadelphia <i>(Smoked salmon w/cream cheese)</i>	6.95
Red Snapper <i>(red snapper w/chili sauce, fish roe, cilantro &amp; avocado)</i>	6.95
Salmon Avocado or Tuna Avocado	6.95
Tuna Roll or Salmon Roll	6.50
Peppered Tuna <i>(pepped tuna, mango, avocado)</i>	6.95
Spicy Crunch <i>(tuna, salmon, or yellowtail)</i>	6.95
Spicy Salmon w/avocado	6.95
Spicy Salmon or Spicy White Tuna w/ Jalapeno	6.95
Yellowtail w/ Jalapeno	6.50
Spicy Scallop w/ Jalapeno or Avocado	7.95
Spicy Tuna w/ avocado	6.95
Spicy Yellowtail w/ scallion	6.95
Yellowtail w/scallion	6.50

### Vegetarian Roll

Asparagus or Cucumber or Avocado	5.00
Avocado & Cucumber	5.00
Sweet potato tempura	5.00
Avocado Mango	5.50
Mixed vegetable <i>(Asparagus, avocado &amp; cucumber)</i>	5.50
Green Spring <i>(baby spinach, asparagus &amp; avocado)</i>	5.50
Tofu Roll <i>(seasoning bean curd and baby spinach)</i>	5.50
Garden Roll <i>(bell pepper, avocado, asparagus wrap w/soy bean paper)</i>	6.95
Sunflower Roll <i>(Sweet potato, avo, &amp; cream cheese)</i>	6.50
Spirit Roll <i>(lemon, avocado &amp; cucumber)</i>	5.50
Veggie Dragon	7.95
Shiitaki Roll	10.95
Iris Roll <i>(mix vegetable top w/Japanese purple yam)</i>	9.95

## Lunch Menu 11:30am — 2:30pm

*Served w/soup*

### Sushi Bar Lunch

Sushi Regular	12.50
<i>6 pieces sushi and one California roll</i>	
Sushi Deluxe	14.50
<i>8 pieces sushi and one spicy crunch tuna roll</i>	
Sushi/Sashimi Combo	16.95
<i>4 pieces sushi, 6 pieced sashimi, and one spicy crunch tuna roll</i>	
Sashimi Lunch	14.95
<i>Assorted fresh fish served w/ bowl of brown rice</i>	

### Maki Roll Lunch

*(Any two rolls 9.95 Any three rolls 13.95)*

#### Cooked

California roll	Hot crunch crab roll
Shrimp tempura roll	Sweet potato tempura roll
Avocado cucumber roll	Spicy cooked shrimp roll
Salmon skin roll	Eel cucumber or avocado
Chicken Tempura	

#### Raw

Salmon avocado	
Tuna avocado roll	Spicy crunch tuna roll
Spicy crunch salmon roll	Spicy salmon avocado roll
Spicy salmon w/ jalapeno roll	

Red snapper roll *(red snapper w/chili sauce, fish roe, cilantro & avocado)*

### Bento Box

Pick one roll from Maki roll lunch, Vegitable spring roll, soup & Kani salad

Box A	Chicken Teriyaki	\$12.50
Box B	Salmon Teriyaki	\$13.95

### Lunch Entrees

*served w/soup, and brown rice*

Hibachi Chicken <i>(with fried rice)</i>	11.95
Veggie Delight	9.95
Chicken Teriyaki	8.95
Beef Teriyaki	11.95
Salmon Teriyaki	11.95
Shrimp & Vegetable Tempura	10.95
Beef Negimaki	10.95
Stir fry udon <i>choice of chicken or vegetable</i>	9.95



Mon - Thu 11:30-2:30 4:30-8:30  
Fri & Sat 11:30-2:30 4:30-9:00

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Red Bank, NJ 07701

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[www.sogosushi.com](http://www.sogosushi.com)

Delivery/Pick up

\*\*The prices are subject to change without prior notice

# ***Poke Bowl***



## ***Sogo Poke***

\$ 13.50

*Salmon, avocado, seaweed salad, marinated carrot, oshinko , cilantro, chef's special spicy sauce , brown rice*

*\*\*cauliflower rice add \$ 1.50*



## ***Rose Poke***

\$ 13.50

*Tuna, avocado, fish roe, sesame seed, baby spinach, shoyu & honey wasabi sauce , brown rice*

*\*\*cauliflower rice add \$ 1.50*



## ***NEW ROLL***

### ***Iris Roll***

\$ 9.95

*“New Vegetarian Roll”*

*Mix vegetable top with Japanese Purple Yam*