

Soup & Salad

**w/Ginger dressing*

Miso soup	2.50
Clear Soup	2.50
Shumai Soup <i>Shrimp dumpling soup</i>	4.50
Garden salad*	2.95
Sogo special salad*	6.95
<i>Asparagus, avocado, baby spinach and romaine lettuce</i>	
California salad*	6.95
<i>Crab meat, avocado & romaine lettuce</i>	
Seaweed salad	6.50
Calamari salad	8.95
<i>Marinated Calamari salad</i>	
Kani salad	6.95
<i>Crabmeat, cucumber, spicy sauce, fish roe</i>	
Avocado Salad*	6.50
<i>Avocado & romaine lettuce</i>	

Appetizer

Hibachi Noodle	5.95
Edamame <i>w/sea salt</i>	5.50
Gyoza /Vegetable Gyoza	5.50
<i>5 pcs. pan fried pork or vegetable dumpling</i>	
Shumai <i>6 pcs. shrimp steamed dumpling</i>	6.00
Harumaki <i>vegetable crispy spring roll</i>	5.50
Rock Shrimp	10.95
<i>Rock shrimp with special sauce (mixed w/peanut butter)</i>	
Beef Negimaki	8.95
Chicken Teriyaki	7.95
Yam Yam Noodle	8.95
<i>Stir fry vegetable yam noodle **Gluten free**</i>	
Tempura <i>Shrimp & vegetable</i>	8.95
Seafood Taco	10.95
<i>Diced tuna, Salmon in wonton taco with chili sauce and scallion</i>	
Tuna Tataki <i>seared pepper tuna</i>	13.95
Treasure Island	13.95
<i>Avocado boat w/ chopped tuna, spicy sauce, w/tobiko</i>	
Tako Su	11.95
<i>Octopus, and cucumber w/ ponzu sauce</i>	
Yellowtail Jalapeno	13.95
<i>Yellowtail sashimi with special jalapeno sauce</i>	
Salmon Pizza	13.95
<i>Pan fried pancake topped w/ salmon, chef's special salsa, spicy mayo, crunch chip (Tuna Pizza add \$1)</i>	
Crispy Spicy Tuna Dumpling	12.95
<i>Spicy tuna, wrapped in wonton skin</i>	

**Please notify an employee if you have any food allergies **

Special Rolls ****Cooked****

* Sogo Special	12.95
<i>Shrimp tempura, fish roe and avocado topped w/ spicy crab meat and chopped shrimp.</i>	
* Black Pearl	12.95
<i>Shrimp and crabmeat, mixed w/ spicy mayo, wrapped w/ avocado</i>	
* Red Bank Roll	15.95
<i>Soft shell crab tempura inside, topped w/ eel and avocado & tobiko (or Shrimp tempura inside \$13.95)</i>	
* Golden Roll	11.95
<i>Shrimp tempura, cucumber wrapped in avocado w/amazing sauce</i>	
* Dragon Roll	12.95
<i>Eel, cucumber inside topped w/avocado and tobiko</i>	
* Veggie Dragon	7.95
<i>Sweet potato tempura wrapped in avocado, passion sauce</i>	
* Sakura Roll	12.95
<i>Hot crunch crab topped w/cooked shrimp & avocado</i>	
* Summer Roll	12.95
<i>Shrimp tempura, lemon, cucumber top with mango</i>	
* Shiitaki Roll	10.95
<i>Fried or baked plantain, mint leaf, radish sprouts topped with grilled Shiitake mushroom</i>	
* Lava Roll (Baked)	13.95
<i>Avocado, cucumber and cooked shrimp topped with salmon</i>	
* Lobster Roll	15.95
<i>Spicy cooked shrimp and cucumber topped with Maine lobster meat and avocado</i>	
* Eel Lobster Roll	16.95
<i>Maine lobster meat, asparagus topped with eel and avocado</i>	
* Iris Roll	9.95
<i>Mix vegetable top with Purple Yam</i>	
* Emerald Roll	12.95
<i>Cooked shrimp, spicy crabmeat, avocado, mango, lemon wrap in soy paper topped with crunchy crabstick</i>	

Special Rolls ****Raw****

* Orchid	14.95
<i>Spicy crunch tuna, shrimp, crabmeat, inari & tamago wrapped in soy bean paper topped with basil, fluke and tuna **no rice</i>	
* Diamond	12.95
<i>Spicy yellowtail, crunch and avocado topped w/ sliced fluke and caviar</i>	
* Ruby	12.95
<i>Spicy tuna w/ scallion, tempura crunch topped w/ seared pepper tuna</i>	
* Spicy & Spicy	12.95
<i>Spicy tuna, avocado topped w/spicy crabmeat and spicy mayo.</i>	

* Alaska Beauty	12.95
<i>Salmon tempura, and asparagus, topped w/ fresh salmon</i>	
* Candy Cane	12.95
<i>Red and white tuna striped on top of spicy tuna .</i>	
* Fantastic	12.95
<i>Shrimp tempura and avocado, topped w/ spicy tuna</i>	
* Salmon Lover	12.95
<i>Salmon, homemade smoked salmon & avocado w/baked crunch</i>	
* Rainbow	12.95
<i>Crabstick and cucumber inside topped w/ tuna, salmon, yellowtail, avocado</i>	
*Sunshine	12.95
<i>California roll, topped w/ salmon and sliced lemon</i>	
* Naruto	12.95
<i>Tuna, salmon, yellowtail & avocado wrapped in cucumber</i>	
* Hana Roll	11.95
<i>Tuna, yellowtail, salmon, avocado wrapped in soy paper</i>	
* Fire Island	12.95
<i>Spicy crunch crabmeat, cucumber topped w/sliced yellowtail, jalapeno & chili sauce</i>	
* Yuzu Roll	13.95
<i>Yellowtail scallion crunch mix w/yuzu citrus sauce topped w/sliced tuna and salmon</i>	
* Minty Roll	12.95
<i>White tuna, mint leaf, avocado, lemon topped w/spicy salmon</i>	
* Blackened Tuna Roll	10.95
<i>Seared Cajun tuna w/avocado, scallion, cucumber & fish roe</i>	
* Yummy Roll	13.95
<i>Tuna, yellowtail, mango topped salmon, crabmeat, fish roe w/honey wasabi sauce</i>	
* Phoenix Roll	14.95
<i>Spicy tuna, seared Cajun tuna, asparagus topped w/ salmon, tuna, fish roe w/eel sauce, honey miso sauce</i>	
* Blossom Roll	12.95
<i>White tuna, spicy tuna, mango in tempura style with avocado salsa topped with crawfish salad</i>	
* Rocking Roll	12.95
<i>Rock shrimp, cucumber topped w/salmon, and avocado</i>	
* Dahlia Roll	12.95
<i>Yellowtail, Scallion, seaweed salad topped with salmon and lime zest</i>	
* Spring Mist Roll	12.95
<i>White tuna, avocado, cucumber topped with salmon, tuna, red snapper and special jalapeno sauce</i>	
* Sumo Roll	15.95
<i>Real crabmeat, shrimp tempura, spicy tuna and avocado wrapped in soy paper</i>	

Dinner

Served w/ soup

* Sushi Regular	20.95
<i>8 pcs. assorted sushi and tuna roll</i>	
* Sushi Deluxe	23.95
<i>10 pcs. assorted sushi and spicy tuna roll</i>	
* Sashimi Dinner	25.95
<i>Assorted slices of fresh sashimi w/ bowl of rice</i>	
* Sushi Sashimi Combination	27.95
<i>6 pieces of assorted sushi and 12 pcs. assorted sashimi w/spicy tuna roll</i>	
* Maki Combination	17.95
<i>Spicy crunch tuna, eel special and yellowtail Scallion roll</i>	
* Tempura Maki	18.95
<i>Shrimp tempura, salmon tempura, sweet potato tempura roll</i>	
* Chirashi	23.95
<i>Assorted sashimi over brown rice</i>	
* Tuna Lover	23.95
<i>4 pieces red tuna, 4 pieces white tuna, and 1 spicy crunch tuna roll</i>	
* Sogo Delight	23.95
<i>2 pcs. tuna, 2 pieces yellowtail, 2 pcs. salmon, and a Spicy and Spicy roll</i>	
* Vegetable Maki	14.95
<i>1 roll green spring, 1 roll potato tempura, and 1 roll mixed vegetables</i>	
* Sushi for Two	47.95
<i>15 pcs. of assorted sushi, Fantastic roll & eel special roll</i>	
* Sushi/Sashimi for Two	62.95
<i>10 pcs. of sushi, and 14 pcs of assorted sashimi, Sogo special roll and Hana roll</i>	

Poke Bowl

* Sogo Poke	13.95
* Rose Poke	13.95
<i>**Cauliflower rice add \$1.50</i>	

Entrees

**served w/miso soup and bowl of brown rice*

Hibachi Chicken/Shrimp or Beef	16.95/21.95
Crispy Hibachi Tofu	16.95
<small>(Hibachi comes with fried rice)</small>	
Veggie Delight	14.95
<small>Eggplant, string bean & zucchini</small>	
<small>(add shrimp or tofu or chicken extra)</small>	
Beef, Salmon or Shrimp Teriyaki	21.95
Chicken Teriyaki	16.95
Tempura <small>(shrimp & vegetable,)/(veg)</small>	17.95/14.95
Fried Brown Rice <small>(chicken or veg)/(Shrimp or beef)</small>	11.95/13.95
Stir Fry Udon <small>(chicken or veg)/(shrimp or beef)</small>	12.95/14.95
Shrimp Tempura Udon Soup	14.95
Yaki Soba (buckwheat noodle)	15.95

Stir fry soba w/choice shrimp, beef, chicken or Vegetable

Lemon Grass Chicken or Beef/Shrimp	17.95/21.95
<small>Stir fry shrimp or beef, basil, mango with vegetable</small>	

Bento Box (pick one roll from Maki roll*, harumaki and kani salad)

<i>Box A</i>	<i>Chicken Teriyaki</i>	19.95
--------------	-------------------------	-------

<i>Box B</i>	<i>Salmon Teriyaki</i>	21.95
--------------	------------------------	-------

Sushi or Sashimi A La Carte

	Sushi: one piece	Sashimi: 3 pieces
Tuna (Maguro)	2.95	6.95
Yellowtail (Hamachi)	2.95	6.95
White tuna	2.95	6.95
Salmon (Sake)	2.95	6.95
Fluke (Hirame)	2.95	6.95
Striped Bass (Suzuki)	2.95	6.95
Red snapper (Tai)	2.50	5.95
Mackerel (Saba)	2.50	5.95
Smoked Salmon	2.95	6.95
Flying Fish Roe (Tobiko)	2.95	2.95*
Salmon Roe (Ikura)	4.50	4.50*
Eel (Unagi)	2.95	6.95
Octopus (Tako)	2.95	6.95
Scallop (Hotategai)	3.50	7.95
Shrimp (Ebi)	2.50	5.50
Egg (Tamago)	2.00	4.50
Crab Stick (Kani)	2.50	5.95
Bean Curd (Inari)	2.00	4.50

* per pierce

Roll or Hand Roll

Cooked Roll

Boston	6.95
California	6.50
Eel Cucumber or avocado	6.95
Eel Special <small>(Eel, avocado, cucumber, and fish roe)</small>	7.50
Hot Crunch Crab Roll	6.95
Cooked Salmons w/avocado	7.50
Salmon Skin Roll	5.50
Shrimp Tempura w/ avocado	7.50
Chicken Tempura w/avocado	6.95
Spicy Cooked Shrimp w/cucumber	6.95
Spider Roll <small>Soft shell crab, avocado, and fish roe</small>	10.95
Mango Roll <small>cooked shrimp, mango, avocado</small>	6.95
Real Crab California Roll	8.95

Raw Roll

Alaska <small>(Salmon, avocado, & cucumber w/ fish roe)</small>	6.95
Philadelphia <small>(Smoked salmon w/cream cheese)</small>	7.50
Red Snapper	6.95
<small>(red snapper w/chili sauce, fish roe, cilantro & avocado)</small>	
Salmon Avocado or Tuna Avocado	6.95
Tuna Roll or Salmon Roll	6.50
Peppered Tuna <small>(pepped tuna, mango, avocado)</small>	6.95
Spicy Crunch <small>(tuna, salmon, or yellowtail)</small>	6.95
Spicy Salmon w/avocado	6.95
Spicy Salmon or Spicy White Tuna w/ Jalapeno	6.95
Yellowtail w/ Jalapeno	6.50
Spicy Scallop w/ Jalapeno or Avocado	7.95
Spicy Tuna w/ avocado	6.95
Spicy Yellowtail w/ scallion	6.95
Yellowtail w/scallion	6.50

Vegetarian Roll

Asparagus or Cucumber or Avocado	5.00
Avocado & Cucumber	5.00
Sweet potato tempura	5.00
Avocado Mango	5.50
Mixed vegetable <small>(Asparagus, avocado & cucumber)</small>	5.50
Green Spring <small>(baby spinach, asparagus & avocado)</small>	5.50
Tofu Roll <small>(seasoning bean curd and baby spinach)</small>	5.50
Garden Roll	6.95
<small>(bell pepper, avocado, asparagus wrap w/soy bean paper)</small>	
Sunflower Roll <small>(Sweet potato, avo, & cream cheese)</small>	6.50
Spirit Roll <small>(lemon, avocado & cucumber)</small>	5.50
Veggie Dragon	7.95
Shiitaki Roll	10.95
Iris Roll <small>(mix vegetable top w/purple yam)</small>	9.95

Lunch Menu 11:30am — 2:30pm

Served w/soup

Sushi Bar Lunch

Sushi Regular	12.95
<small>6 pieces sushi and one California roll</small>	
Sushi Deluxe	14.095
<small>8 pieces sushi and one spicy crunch tuna roll</small>	
Sushi/Sashimi Combo	16.95
<small>4 pieces sushi, 6 pieced sashimi, and one spicy crunch tuna roll</small>	
Sashimi Lunch	14.95
<small>Assorted fresh fish served w/ bowl of brown rice</small>	

Maki Roll Lunch

(Any two rolls 9.95 Any three rolls 13.95)

Cooked

California roll	Hot crunch crab roll
Shrimp tempura roll	Sweet potato tempura roll
Avocado cucumber roll	Spicy cooked shrimp roll
Salmon skin roll	Eel cucumber or avocado
Chicken Tempura	

Raw

Salmon avocado	
Tuna avocado roll	Spicy crunch tuna roll
Spicy crunch salmon roll	Spicy salmon avocado roll
Spicy salmon w/ jalapeno roll	

Red snapper roll (red snapper w/chili sauce, fish roe, cilantro & avocado)

Bento Box

Pick one roll from Maki roll lunch, Vegitable spring roll, soup & Kani salad

Box A	Chicken Teriyaki	\$12.95
Box B	Salmon Teriyaki	\$13.95

Lunch Entrees

served w/soup, and brown rice

Hibachi Chicken <small>(with fried rice)</small>	11.95
Veggie Delight	9.95
Chicken Teriyaki	9.95
Beef Teriyaki	11.95
Salmon Teriyaki	11.95
Shrimp & Vegetable Tempura	10.95
Beef Negimaki	10.95
Stir fry udon <small>choice of chicken or vegetable</small>	9.95



Mon - Thu 11:30-2:30 4:30-8:30
Fri & Sat 11:30-2:30 4:30-9:00

60 Monmouth St
Red Bank, NJ 07701

Tel: 732-5309688

Fax: 732-5309689

www.sogosushi.com

Delivery/Pick up

**The prices are subject to change without prior notice

Poke Bowl



Sogo Poke

\$ 13.95

Salmon, avocado, seaweed salad, marinated carrot, oshinko, cilantro, chef's special spicy sauce, brown rice

***cauliflower rice add \$ 1.50*



Rose Poke

\$ 13.95

Tuna, avocado, fish roe, sesame seed, baby spinach, shoyu & honey wasabi sauce, brown rice

***cauliflower rice add \$ 1.50*



NEW ROLL

Iris Roll

\$ 9.95

“New Vegetarian Roll”

Mix vegetable top with Japanese Purple Yam